

Old-Timers' Recollections Form
Sexaholics Anonymous International Central Office
P.O. Box 3565, Brentwood, TN 37024
Email to: saico@sa.org Fax to: 1-615-370-0882

The Archives and History Committee of SA would like to record the recollections of our Old-Timers. This document will serve as a record of SA's beginnings from the memories of our earliest members. The Old-Timer's recollections can be written as a narrative or in a question-and-answer format, or saved as an audio recording. Listed below are suggestions of questions that future members, researchers, or historians may find of interest. These samples may be used as a guide; feel free to add questions of your own.

First name and initial of last name:

Sobriety date at time of interview:

Before S.A.

- Tell us a little about your life before you found S.A.
- How and when did you start lusting?
- When and how did your lusting get out of control
- When did you know you had hit bottom?

Recovery

- When did you first hear of S.A., and from what source (therapist, A.A., other S-Fellowship)?
- When and where did you go to your first meeting? What did you think of it? Did you stay in?
- Tell us about your early sobriety, your Step work, and problems you had early on in learning the SA 12-Step way of life?
- Did you obtain a sponsor when you first came in? Describe the relationship with him/her.
- How many members were in your early meetings? Any long-time-sober members?
- How many meetings/ groups were in existence in your early days?
- Can you recall the meeting format(s) used at some of these early meetings? Was the SA book available (tan cover or White Book)? Was the A.A. Big Book and the A.A. 12&12 used?
- Do you know when your meeting/group was started, and by whom?
- Were members of your meeting(s) starting new meetings/groups elsewhere?
- How were new members contacted (a phone number listing, therapists, other 12-Step meetings)?
- Did you and/or members of your meeting/group attend marathons or international conventions?
- Tell us about your experiences sponsoring others? Who are some of your favorite sponsees?
- Were there any individuals who were especially prominent in your early sobriety?
- Are there any Twelfth Step anecdotes that stick out in your mind that you would care to share?

Unity and Group issues

- Did your meeting/group study the 12 Traditions? If so, were these meetings well-attended?
- How did your meeting/group welcome newcomers?
- How did your meeting/group treat constant slippers?
- How were people wishing to talk about other addictions or therapies treated?
- Was there a noticeable increase in the number of newcomers to your meeting/group as the internet became widely popular/available? What about when the 'smart' phone came to be?

- Did your meeting/group collect a 7th Tradition to pay rent? Were contributions made to an intergroup, region, or SAICO?
- Did your meeting/group elect representatives to an intergroup or a region?
- Did your meeting/group host an S.A. meeting in a treatment facility, institution, or a prison?
- Were there any meeting/group problems resolved through the application of the 12 Traditions that you would like to share with us?

Tips for interviewing, if an oral history is to be taken:

- Use a digital recording device with adequate memory to capture the entire interview.
- Have a power supply and/or backup batteries to power the device, and make a test recording to ensure that you are familiar with operating the device, and transferring or downloading the recording.
- Have a pen/pencil and a sturdy notebook available to jot down follow-up questions or topics worthy of further exploration.
- Begin the recording by identifying yourself, the interviewee, and note the date and place of the recording.
- Ask evocative questions, rather than questions with easy yes or no answers.
- Ask the interviewee to focus only on events he/she *directly participated in or witnessed*.
- Allow the interviewee to talk freely on whatever S.A. topics he/she wishes to. The questions on the preceding page are meant to be suggestive in nature and offered as a general guideline to keep the flow of discussion focused. The interviewee might touch on subjects that you never thought to ask about.
- In some cases, you might want to interview the old-timer in the presence of his/her sponsees or other meeting/group members. This can help to stir long-forgotten memories worthy of recording.
- Keep the interview open-ended, or schedule additional interviews as needed. Try to place yourself in the position of the S.A. member who, many decades in the future, will be using your project as a source of inspiration and recovery.

This list of questions and guidelines is based on information contained in the Archives Workbook (M-44i) of Alcoholics Anonymous and the AA Guidelines – Archives (MG-17), both of which are available from AA’s General Service Office in New York City, and also online at www.aa.org.

Group History Form
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The Archives and History Committee of SA would like to know the history of your group, its earliest members, its development over the years, and the manner in which it has carried the Sexaholics Anonymous message to other still-suffering sexaholics. This document will serve as a record of the growth of SA it spread across the U.S. continent and around the globe. This group history can be written as a narrative or in a question-and-answer format. Listed below are samples of information that future members, researchers, or historians may find of interest. Feel free to use this format, or develop one of your own making.

Group Name:

Date Group Founded:

Founder/ Founders Names (First name, Last name initial only please. e.g. Bill W):

Names of Early Members:

Original Location (if different from current location):

Current Location & Reason for Relocation:

Original Meeting(s) format(s) (Big Book, Step Study, Top Plate, etc):

Day/Time of Original Meeting(s):

Has the Group Added or Discontinued Meetings?

Current Day/Time of Meeting(s):

Does the Group Celebrate Its Founding?

Are Sobriety Anniversaries of Home Group Members Celebrated (chips, cakes, speaker only meeting)?

Have Group Members Started Other Groups? Where? Are They Still Active?

Has the Group Faced Any Particular Difficulties (e.g. Dominance, Gossip, Discussion of Religion, etc.), And If So, How Did the Group Handle the Situation (e.g. Tradition One, Tradition Twelve, SAWB pages 188-189, etc.)

Were There Any Unforgettable Members?