

SCRIPT adopted 12 Apr 2018 by Group Conscience of this date.

***Whenever possible, the group conscience asks that the chairperson have at least 30 days of consecutive SA sobriety.***

Welcome to the 6:30AM SA Daily Sobriety Renewal Meeting! Will you please join me in the Serenity Prayer: “God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference. Thy will, not mine, be done.”

Background noise can be very disruptive to the call. Please remember to mute your phone when you’re not speaking. If your phone doesn't have the mute feature, press \*6 to mute and un-mute. The Universal Mute will be used when we begin the questions. In this sobriety renewal, participants take turns answering three questions. Our goal is to finish within 45 minutes [7:15 am], so “a **one minute** time limit for shares is the norm.” **If there are 15 or more on the call, we will combine questions 2 & 3 to finish on time. We will have a hard stop at 7:25 to give time for the 7:30 DSR.** We don't direct our sharing to or talk about other members, nor do we mention the name of any non-SA or group approved literature, media, or websites. Please keep your sharing in accordance with the guidelines in the White Book, protecting your anonymity and not discussing or sharing issues that are or may be **illegal** especially involving under age persons:-

Let’s take a moment to introduce ourselves by first name only, and where you are calling from. My name is (Joe/Jane) in (Brentwood, Tennessee).

*(NOTES: Chair must write down the list of callers and may check in for new callers after the first round. If there are more than 15 callers, please close the list no later than 6:55 so that those who began the call may finish. Others may join in the 7:30AM call. **Please note bold addition above.***

I will now read the order of callers. Please prepare to answer the question while the person ahead of you is sharing and say who comes after you when you finish your share. *(Chairperson reads the list of callers).*

1. Do we admit that we are powerless over lust, do we desire sobriety, and are we willing to commit what it takes to stay sober by the S.A. definition for the next 24 hours, including recognizing all lust hits as toxic and using the tools of the program? If you wish, you may state your length of sexual sobriety answering this question.

**If there are more than 15 on the call, please combine question sets 2 & 3 saying:**

**“As there are more than 15 on the call, we will now combine questions 2 & 3 to allow everyone to share. Thank you for your brevity.”**

2. Are there any danger zones that we have faced in the past 24 hours or are facing in the next 24 hours that we need to bring to the light?

3. What time did we spend with our higher power yesterday and what is our recovery plan for the next 24 hours? What is one thing we are grateful for? Are we willing now to turn our lives and our wills over to the care of God as we understand God, realizing that it is only with the help of our higher power that we can stay sober one day at a time?

Group announcements:

a) To receive a copy of this script or to add your name and contact information to our Men's or Women's Mutual Support List, please send an e-mail to the group address [dsr630et@GMAIL.COM](mailto:dsr630et@GMAIL.COM)

b) Additional information about these telephone meetings may be found at **SA.org**.

c) Seventh Tradition donations may be sent to the SA Central Office at the address in the White Book or by visiting SA.org. You may note that your donations come from the 6:30AM Eastern Time sobriety renewal phone meeting.

d) Group business meetings take place 7-7:30AM Eastern on **the 2nd Thursday** of the month.

f) After the meeting closes there will be a reading from group approved "Answers in the Heart" for today's date.

e) Are there any brief SA or group announcements?

I'd like to thank the group for letting me be of service and may God bless us all. Let us remember that we are never alone. For those who wish to remain on the call, there will a 'virtual parking lot.' We suggest that members use the mailing lists instead of exchanging emails or phone numbers in the parking lot, and that at least three people are present. Let's close with the Third Step Prayer.

"God, I offer myself to Thee, to build with me and to do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy power, Thy love and Thy way of life. May I do Thy will always. Amen

*Notes:-The DSR will finish at 7AM and the Business Meeting will begin on the same number. The backup number will be used only if necessary at 7:25pm – (712) 432-5620 PIN 5661*