

***Whenever possible, the group conscience asks that the chairperson have at least 30 days of consecutive SA sobriety.***

Welcome to the 6:30AM SA Daily Sobriety Renewal Meeting! Will you please join me in the Serenity Prayer: "God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference. Thy will, not mine, be done." Welcome! "This is a closed meeting. Only those desiring their own personal sexual sobriety, please. Whether just listening or participating, all callers are asked to ID with first name only and where they are calling from." Background noise can be very disruptive to the call. Please remember to mute your phone when you're not speaking. If your phone doesn't have the mute feature, press \*6 to mute and un-mute. The Universal Mute will be used as necessary. In this sobriety renewal, participants take turns answering three questions. Our goal is to finish within 45 minutes [7:15 am]. **"Please keep your share time to a minute so that everyone has an opportunity to participate. Be aware that if your share time exceeds 1 1/2 minutes, you may be asked by the moderator to wrap it up."** If there are 12 or more on the call, we will combine questions 2 & 3 to finish on time. **And if there are twenty or more on the call, all shares are ONE minute only.** The moderator will remind you of this. We will have a hard stop at 7:25. We don't direct our sharing to or talk about other members, nor do we mention the name of any non-SA or group approved literature, media, or websites. Please keep your sharing in accordance with the guidelines in the White Book, protecting your anonymity and not discussing or sharing issues that are or may be illegal especially involving under age persons-

Let's take a moment to introduce ourselves by first name only, and where you are calling from. My name is (Joe/Jane) in (Brentwood, Tennessee).

*(NOTES: If possible, the Chair is asked to come on the call by 6:25 to sign in and to take a list of early birds which facilitates running the call. Chair must write down the list of callers and may check in for new callers after the first round. If there are 12 or more callers, please combine questions 2 & 3 and always close the list no later than 6:55 so that those who began the call may finish. Others may join in the 7:30AM call or in the virtual parking lot if there is time.)*

I will now read the order of callers. Please prepare to answer the question while the person ahead of you is sharing and say who comes after you when you finish your share. *(Chairperson reads the list of callers).*

1. Do we admit that we are powerless over lust, do we desire sobriety, and are we willing to commit what it takes to stay sober by the S.A. definition for the next 24 hours, including recognizing all lust hits as toxic and using the tools of the program? If you wish, you may state your length of sexual sobriety answering this question.

(If there are 12 or more on the call, please combine question sets 2 & 3 saying)

**"As there are 12 or more on the call, we will now combine questions 2 & 3 to allow everyone to share. Thank you for keeping your share to a minute."**

2. Are there any danger zones that we have faced in the past 24 hours or are facing in the next 24 hours that we need to bring to the light?

3. What time did we spend with our higher power yesterday and what is our recovery plan for the next 24 hours? What is one thing we are grateful for? Are we willing now to turn our lives and our wills over to the care of God as we understand God, realizing that it is only with the help of our higher power that we can stay sober one day at a time?

Group announcements:

You can download a copy of the script at [https://www.sa.org/meetings\\_phone/](https://www.sa.org/meetings_phone/)

a) Additional information about these telephone meetings may be found at **SA.org**.

b) Seventh Tradition donations may be sent to the SA Central Office at SAICO, PO Box 3565, Brentwood TN 37024-3565, or by clicking the DONATE button on SA.org. You may note that your donations come from the 6:30AM Eastern Time sobriety renewal phone meeting.

c) Group business meetings begin **at 7:00 AM Eastern on the 2nd Thursday** of the month.

f) After the meeting closes there will be a reading from SA approved, “The Real Connection” or from group approved “Answers in the Heart” for today’s date.

e) Are there any brief SA or group announcements?

I’d like to thank the group for letting me be of service and may God bless us all. Let us remember that we are never alone. For those who wish to remain on the call, there will be a ‘virtual parking lot.’ We suggest that members use the mailing lists instead of exchanging emails or phone numbers in the parking lot, and that at least three people are present. Let’s close with the Third Step Prayer.

“God, I offer myself to Thee, to build with me and to do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy power, Thy love and Thy way of life. May I do Thy will always. Amen

*Notes:-The DSR will finish at 7AM and the Business Meeting will begin on the same number. The backup number will be used only if necessary at 7:25pm – [\(712\) 432-5620](tel:(712)432-5620) PIN 5661*