

What is Sexaholics Anonymous?

Sexaholics Anonymous is a fellowship of men and women who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover.

The only requirement for membership is a desire to stop lusting and become sexually sober. There are no dues or fees for SA membership; we are self-supporting through our own contributions.

SA is not allied with any sect, denomination, politics, organization, or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes.

Our primary purpose is to stay sexually sober and help others to achieve sexual sobriety.

Adapted with permission from the AA Grapevine, Inc. Sexaholics Anonymous is a recovery program based on the principles of Alcoholics Anonymous.

The Twelve Steps of Sexaholics Anonymous

1. We admitted that we were powerless over lust—that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong, promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these Steps, we tried to carry this message to sexaholics, and to practice these principles in all our affairs.

The Twelve Traditions of Sexaholics Anonymous

1. Our common welfare should come first; personal recovery depends on SA unity.
2. For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for membership is a desire to stop lusting and become sexually sober.
4. Each group should be autonomous except in matters affecting other groups or Sexaholics Anonymous as a whole.
5. Each group has but one primary purpose—to carry its message to the sexaholic who still suffers.
6. An SA group ought never endorse, finance, or lend the SA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.
7. Every SA group ought to be fully self-supporting, declining outside contributions.
8. Sexaholics Anonymous should remain forever non-professional, but our service centers may employ special workers.
9. SA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. Sexaholics Anonymous has no opinion on outside issues; hence the SA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films, and TV.
12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

The Twelve Steps and Traditions are adapted with permission of Alcoholics Anonymous World Services, Inc. ("AAWS"). Permission to adapt and reprint the Twelve Steps and Twelve Traditions does not mean that AAWS has approved the contents, of this publication, nor that AAWS agrees with the views expressed herein. AA is a program of recovery from alcoholism only. Use of the Twelve Steps and Twelve Traditions in connection with programs which are patterned after AA, but which address other problems, or in any other non-AA context, does not imply otherwise.

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The SA Correctional Facilities Committee

*Carrying the message of
Twelve Step recovery to
those in prison.*

Sexaholics Anonymous Correctional Facilities Committee (SACFC)

The SACFC is a national committee made up of local members who are dedicated to carrying the SA message to incarcerated sexaholics. We support members, groups and Intergroups in their work with correctional facilities by providing them with literature that is commonly used by our members during 12-Step work and by sharing with them the experience, strength and hope that Sexaholics Anonymous has gained over time doing this work.

Representatives

The work of our committee relies on the support and involvement of local members. Each member who agrees to serve as a correctional facilities representative plays a vital link in our efforts to carry the SA message. When an inquiry from a prisoner or prison official arrives at Sexaholics Anonymous, that inquiry is forwarded to a local representative. The local membership then decides how best to respond. If desired, they may ask the committee for input regarding what other members have done in similar situations. If there is no local representative, then another committee member will answer the request.

In a few areas of the country local members have formed SACFC committees within their Intergroups. Generally, it is more common to have one or two people perform this type of service work. We recommend that at least two people go on any 12-Step calls related to service work in correctional facilities. We also recommend that the members involved in prison service have the support of their

sponsors, local group and/or Intergroup. If you are interested in serving as a representative for our committee, please see below for our contact information.

For those interested in the SACFC, it is important to keep in mind that Sexaholics Anonymous does not:

1. Require that anyone become a member of SA in order to receive any of our services.
2. Provide initial motivation to anyone to work our program.
3. Require anything of our members.
4. Keep attendance records or case histories of our members.
5. Provide letters of reference to parole boards, lawyers, or court officials.
6. Supply information about halfway houses, job opportunities, or treatment programs.
7. Work with any correctional facilities unless we have the full support of the proper authorities.

Contact Information

Sexaholics Anonymous Correctional Facilities Committee (SACFC)
P.O. Box 3565, Brentwood, TN 37024-3565
Phone number: (615) 370-6062
Toll-free: (866) 424-8777
E-mail: saico@sa.org

*I am responsible. When anyone,
Anywhere reaches out for help,
I want the hand of SA always to be there.
And for that: I am responsible*

Services

The primary purpose of Sexaholics Anonymous is to help sexaholics who still suffer. For sexaholics in correctional institutions, we offer the following services:

Complimentary SA Literature: When requested by a prisoner or correctional official, this service will ship free copies of SA literature such as the SA manual (The White Book), our quarterly newsletter *ESSAY*, brochures such as "SA to the Newcomer" and "SA As a Resource for the Health and Helping Professional", as well as a literature request form.

Sponsor-by-Mail Service: Working the Steps is vital to SA recovery. This service links prisoners with members on the outside who can help them work the Twelve Steps of Sexaholics Anonymous. If you want to be sponsored, or if you are interested in becoming a sponsor, then please contact the SACFC by email, phone, or letter. We have developed a Sponsor-by-Mail packet which addresses the special requirements of sponsorship by mail and which allows the prisoner to safely work through their Steps. This packet can be sent by mail or email.

Meeting Service: This service supports prisoners and officials who want to start SA meetings in their correctional facilities. Sometimes we can help by providing prison officials with additional information. If there is a local SA group, we may be able to arrange for members of that group to visit correctional officials and/or attend meetings in that facility.

Connection Service: This service provides parolees with the nearest SA contact. This information may be obtained by contacting the SACFC prior to or just after the prisoner is released.